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Food as Medicine Workshop At Muriel's Farm

Chronic Fatigue Syndrome

Sunday May 27th 2012 Time: 2-4pm

Muriel's Farm 44 Seaview Rd Mount Cotton, Old

- raw milk yogurt
- superseeds
- compounding papaya crème
- wild pesto: stinging nettle, cacti
- probiotic drinks herbal infusions
- quarks with superseeds





The cost of the workshop is \$50 per person. Space is limited, so booking is essential.

Email your name and contact details to linde@redlandbayhomoeopathy.com.au or call (07) 3206 8274

Payment by arrangement at the time of booking - email me (as above) or payment by cash or cheque at registration on the day.

Lynda Brownsey is a Homoeopath and Natural Therapist at

The Ironbark Homoeopathy Clinic in Redland Bay.

She has a Bachelor of Health Science and specialises in the therapeutic use of organic foods.